

CISM Clinicians Available Through EAP

This directory consists of licensed mental health professionals who have specialized in providing clinical assistance to individuals suffering from Post-traumatic Stress Injuries, and who are also available to be utilized directly by all Departmental personnel through the Employee Assistance Program's (EAP) normal self-referral process. These therapists have been vetted through Employee Support Services (ESS) as having dedicated themselves to understanding the culture of first responders (fire, law enforcement and EMS) and have made themselves available to assist CAL FIRE CISM Teams with debriefings after serious traumatic incidents have occurred. Please to do not hesitate to contact Employee Support Services at 916-445-4337 if there are any challenges in obtaining an EAP authorization for counseling services these clinicians provide.

Employees can make an appointment for confidential counseling with anyone of these clinicians by calling EAP at 866-327-4762.

Location	Name	Contact #
BERKELEY	Nikki Sachs	510-841-4928
CAMERON PARK	Kay Williams	530-647-2912
CAMERON PARK	Joy Graf	530-344-9466
CERESCENT CITY	Becky Blatnick	707-464-8451
CHICO	Katy Luallen	530-828-1876
CHICO	Ann Osborn	530-345-7562
EL DORADO HILLS	Eva Tak	916-605-6629
FREMONT	Ann Bisek	510-797-4911
FRESNO	Alvin Green	559-251-8206
FRESNO/CLOVIS	Ken Katz	559-349-0238
HUNTINGTON BEACH	Deborah Silveria	310-922-6772
LA MESA	Catherine Butler	619-644-1788
LOS ANGELES	Ray Mars	323-447-6194
PALM SPRINGS	Vicki Salvin	760-320-0446
PASADENA	Joe Dadourian	626-449-5290
REDDING	Marilyn Wooley	530-244-9977
SACRAMENTO	Shahram Ardalan	916-922-8050
SACRAMENTO	Carol Rivero	916-447-0490
SAN DIEGO	Ruth Williams	619-970-3648
SAN FRANCISCO	Stephanie Cress	415-409-2949

SAN FRANCISCO	Judith Tiktinsky	415-738-6249
SAN LUIS OBISPO	Monty Clouse	310-621-7967
SAN LUIS OBISPO	Killorin Riddell	310-621-7965
SAN RAFAEL	Joel Fay	415-720-6653
SANTA CRUZ	Gloria Simpson	831-425-4620
SANTA ROSA	Dian Barkan	707-579-8044
SANTA ROSA	Kelley Dolan	707-526-4932
SCOTTS VALLEY	Diane Cohan	831-425-5878
SHERMAN OAKS	Charles Litman	818-888-0211
SOQUEL	Sue Brandy	831-476-3638
VALENCIA	Debbie Cambel	818-783-0328

The Counseling Team International

The following mental health professionals are also contracted through the Managed Health Network (MHN). They can be employed for direct Critical Incident Stress Management Team support as well as utilized as clinicians available to employees under the Employee Assistance Program.

The Counseling Team International provides a 24/7/365 phone line that can be used when desiring to contact any of the following listed clinicians. *The telephone number for The Counseling Team International is 800-222-9691.*

Employees can obtain an authorization for confidential counseling through any of these listed clinicians provide by calling EAP at 866-327-4762.

Mental Health Professional	Office Location by County
William D. Allen, M.S.	San Bernardino
Tiffany Atalla, M.A.	Orange
Gary Bell, Ed.D.	Riverside
Nancy K. Bohl-Penrod, Ph.D.	San Bernardino/Riverside/San Diego/Orange
Meredith Craig-Ring, M.A.	San Diego
James Donckels, M.S.	Orange
William Hanley, M.S.	Riverside
Sara Hibbs, Psy.D.	San Bernardino
Gabriela Martinez, Psy.D.	Los Angeles
Jon Mills, Ed.D.	Riverside
Mark Marvin, Ph.D.	San Diego

Stacy McLain, Ph.D.	San Luis Obispo
Albert Oppedisano, Psy.D.	San Diego
Julie Rathbun, Ph.D.	San Bernardino/Claremont
Angelika Robinson, Psy.D.	Riverside
Angela Ronan, Ph.D.	San Diego
Deborah Silveria, Ph.D.	Orange
Wisconsin Sturm, M.A.	Riverside
Tiziana Tarquinio, M.A.	San Diego
Mike Walker, Ph.D.	Riverside
Christa Wallis, M.A.	San Bernardino
Kathleen Wellbrock, Ph.D.	San Bernardino/Los Angeles/Riverside
Sarah Wilkinson, Psy.D.	San Bernardino

This following excerpt describes the value of psychological care and clearly explains why it is ok to ask for help. *“We believe that people have primary responsibility and accountability for their own lives and that within each of us is the power and capacity to make choices that will lead to happiness and fulfillment. However, sometimes there are obstacles that must first be overcome in order to arrive at the point in life where healthy choices can be made. These obstacles can be such things as relationship problems, depression, grief and loss, anxiety, parenting challenges, or experiencing traumatic events, to name a few. Whatever your obstacle is, it can feel overwhelming and debilitating. Utilizing clinicians can be thought of as the bridge to help you get from where you are, to where you want to be.”*