

American Red Cross
 Central Coast Region
 Northern Zone
 Referral List

Referral	Phone	Address	Web Page/Email
SLO County Behavioral Health Short term therapy	(800) 838-1381 (805) 461-6060	Atascadero	
ECHO Homeless Shelter	(805) 462-3663	6370 Atascadero Ave. Atascadero, CA 93422	www.echoshelter.net
Creative Alternative for Learning & Living (disabilities)	(805) 466-0766	Atascadero	
Lighthouse (substance abuse)	(805) 712-6356	P.O. Box 3120 Atascadero, CA 93422	
Tree of Life (pregnancy)	(805) 461-3405	7730 Morrow Rd. Ste. 106 Atascadero, CA 93422	
SLO Hotline (suicide)	(800) 783-0607		SLOtheStigma.org
The Prado Day Center (day services for homeless)	(805) 786-0617	43 Prado Road San Luis Obispo, CA 93401	
Life Steps (Adult Day Care) Santa Maria	(805) 354-5322		
Santa Maria Wisdom	(805) 349-9810	1414 N. Broadway Santa Maria	
Rancho Gardens Senior Community (owned by Foundation for affordable housing)	(805) 349-8722	1414 N. Broadway Santa Maria	
CARES (Crisis & Recovery Emergency Services) Alcohol, Drug & MH County of Santa Barbara	1 (888) 868-1649 (805) 739-8700	212 W. Carmen Lane Santa Maria, CA 93458	
CARES Crisis Housing	(805) 739-8706	212 Carmen Lane Suite 201 – 2 nd Floor Santa Maria, CA 93458	
Tri-Counties Regional Center Crisis Support Services San Luis Obispo County	1 (888) 406-6464		
Tri-Counties Regional Center Crisis Support Services Santa Barbara County	1 (800) 953-9593		
Tri-Counties Regional Center Crisis Support Services Ventura County	1 (888) 566-1666		
Good Samaritan Shelter	(805) 346-8185 Ext. 210818	731 S. Lindin St. Santa Maria	
Community Counseling Center	(805) 543-7969	SLO & Santa Maria	
Community Health Center (CHC)	270-1700 (patient navigation center) 1-888-868-1649 (established medical patient)		
Marian Medical Center	(805) 614-8204 Page		

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