

Learn CPR

you can do it!

Sunday, May 13th
6:00 p.m. - 8:30 p.m.

South Bay Community Center
2180 Palisades Avenue, Los Osos

FREE ONE-DAY “FAMILY & FRIENDS” CPR TRAINING

The “Family & Friends” CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, and mild and severe airway block for adults, children, and infants.

Skills are taught in a dynamic group environment using proven techniques, which provides students with the most hands-on CPR practice time possible.

Registration is on a first-come, first-serve basis and space is limited. Must be 16 years or older.

To sign up, visit:

CAL FIRE/Station 15 - South Bay Fire
2315 Bayview Heights Drive, Los Osos

or contact us during normal business hours at
(805) 528-1053.

